



Risks to Health Policy

Trent College provides all pupils with a safe, secure, stimulating and healthy environment in which to be educated.

There are many risks to the health of young people growing up in the modern world and the school seeks to minimize these in a variety of ways including:

- Through a whole school PSHE programme which gives pupils the knowledge and confidence to manage their lives and the social pressures facing them both inside and outside school.
- Through providing a very high standard of pastoral care for the individual pupil so they feel listened to, understood and valued.
- Providing a very high standard of medical care on site and involving our highly trained medical staff in the education of our pupils.
- A curriculum which is structured to provide pupils with healthy bodies and healthy minds.
- Providing clear policies and rules on, amongst other things: sexual health, smoking, drugs & solvent abuse and alcohol.
- Encouraging a responsible approach to personal security and organisation; with a Security Office on site to offer expert support and advice.
- Providing a campus with tight Health and Safety regulations so activities taking place on site are doing so with an assessed risk.
- Providing pupils with a healthy, balanced diet and giving them a say in what food they are provided with on a regular basis.
- Encouraging participation in a wide variety of activities and through doing so develop skills and interests in healthy pursuits.
- Educating pupils on the dangers of over reliance on homely remedies and the need to keep hydrated at all times.